

## **A GREAT DAY AT THE RACES!**

It was a great day at the races for the NSW Junior XC Team on Saturday 2<sup>nd</sup> January 2010. The 4 biathletes of the NSW team travelled to Telemark XC Ski Club to compete in the Zone 2 BC Winter Games Trials.

All the races were 6km in length, with penalty loops. The Juniors were required to shoot 4P and Youth shoot PSPS. The Junior boys trio of Damon Morton, Lachlan Porter and Hamish Roberts continued on their winning ways picking up 1<sup>st</sup>, 3<sup>rd</sup> and 4<sup>th</sup> placings respectively in a field of 6 boys, which was biggest race field of the day. Both Lachlan and Damon had some good shooting with Lachlan shooting zero once out of 4 prone shoots and Damon shooting zero twice out of 4 prone shots. Lucy Glanville, continuing to ski up an age group, came in 2<sup>nd</sup> to BC's top Youth female biathlete, who is now off to compete at the Canadian trials in Quebec for a place on the Canadian Team for the World Youth and Junior Championships. Lucy narrowed her margin behind 1<sup>st</sup> place to just over 2 minutes, which was an improvement on her times in Canmore 2 weeks earlier.

Lots of the NSW parents got involved with the running of the races, as given the small field all were asked to assist in pulling ropes, counting penalty laps and ensuring skiers were going the correct way. This included Greg Glanville, attending his 1<sup>st</sup> biathlon race to watch his daughter Lucy and Susan and Graham Bursill, who with son Jackson have now become a family member of the ABA.

The biathletes now have one more competition left in Canada on 16/17 January which is a premier BC Cup race. While the race last week was a smaller race, it was a good opportunity for all the athletes to consolidate the training they have been doing in a lower key race.

The biathletes are continuing to train well and there has definitely been a marked improvement in both skiing and shooting. I look forward to reporting the results of our last competition in Canada in about 10 days time.

Cameron Morton  
NSW & NSWIS XC and Biathlon Coach

With the NSW Junior XC and Biathlon Team  
Thursday 7<sup>th</sup> January 2010